



SIU-SDM Student Dress Code:

The following rules apply to all students, residents and fellows, anywhere on the Alton campus or East St. Louis and Implant clinics, at any time that school is in session:

Dress

Scrubs are to be worn by students in classes, laboratories and the clinics. The scrubs must be a solid color, no prints are permitted. The top and bottom portions of the scrubs must be the same color. The scrubs are to be plain or may contain the SIU-SDM logo. No other logo, emblem, writing, or decoration is permitted. A clean, plain white, dress quality t-shirt may be worn, tucked in, under the scrub tops. T-shirt sleeves can extend to wrists for warmth, otherwise they should not show. Clean athletic shoes that completely cover the foot (sandals, “croc”, or other partially open shoes are NOT acceptable) are to be worn with the scrubs. Stockings that cover the ankles must be worn with the shoes at all times. Clothing and shoes must be clean and neat and should not be worn, frayed, or have holes in them.

Personal protective equipment, that is: protective clothing, gloves, masks and protective eyewear must be worn during patient treatment as per clinic infection control requirements. Prescription glasses are not large enough to protect your eyes and should be covered with another form of eye shield such as plastic protective glasses, a mask with attached eye shield or a visor with a full-face plastic shield. Protective eyewear must be worn in laboratories. Additional protective equipment will be required in labs for certain procedures per faculty instruction.

Jewelry must not be worn during patient treatment. One exception is a wristwatch that is covered by the sleeve of the clinic gown. Although it is not recommended due to the likelihood of skin irritations, rings such as wedding bands, that are smooth with no rough or irregular edges may be worn under gloves. Any ring that has rough or irregular surfaces that may cut or abrade gloves is not permitted when performing patient care.

Name badges must be worn on scrubs or clinic gowns.

The following are unacceptable: slogans or pictures on clothing; tight or revealing clothing including clothing showing midriff skin between shirt/top and pants/bottom; exposed undergarments; and when indoors: hats/caps or sunglasses/visors. Unacceptable conditions are not limited to this list.

Grooming and Hygiene

Personal hygiene must control body odors and bad breath. Men must be clean-shaven or beards and mustaches must be trimmed.

Hands and nails must be clean. Nails must be trimmed short enough to prevent puncturing gloves. Infection control guidelines prohibit wearing nail extensions under gloves.

Hair must be clean, managed neatly, and must satisfy applicable clinic guidelines during patient treatment. Hair that falls forward of the chin must be tied back in clinic and in laboratories.

The following are unacceptable: strong perfumes, colognes, or aftershave.

Note

If for religious reasons you feel you need an exception to any of the above rules, see Dr. Thomas immediately.